



WELLNESS DAY PROVES A HIT WITH DP WORLD HEAD OFFICE STAFF

Dubai, UAE, 24 December 2013: DP World Head Office staff certainly believe prevention is better than cure when it comes to their health if the turn out for the company annual wellness day was anything to go by last week.

In a partnership with leading medical Third Party Administrator (TPA) – Neuron – a free day long health screening event was held for all staff in Jebel Ali with expert medical advice on hand. Screening tests conducted by experts from Saudi German Hospital, Abbvie Pharmaceuticals, Gulf Optics and Neuron, included:

- A general health check-up (BMI, Cholesterol, Blood Sugar)
- An eye check and consultation
- Nutrition advice
- Arthritis Screening
- Health tips on common lifestyle conditions
- Lectures and question and answer sessions

Robin Windley, Senior Vice President, Human Capital, DP World, said: “The turn-out has been impressive and we are delighted that colleagues are taking an active interest in their health. The biggest asset in the DP World family is our people and their welfare is paramount for everything we do. One of the priorities in our Corporate Responsibility program is people and safety and a healthy workforce is key to delivering performance. We learned a lot about personal health management with the advice on offer.”

Dr. Sameer Mankani, Managed Care Consultant at Neuron, said: “Neuron would like to thank DP World for inviting us to organize this Wellness Day for their staff. These events are much more than just a run-of-the-mill health screening. Regular health checks can seem daunting and uninviting to people and by turning it into a health fair with multiple medical experts, lectures, games and prizes, we can attract more people to visit and take an interest in their health. The most important outcome is taking the mystery away from health issues, empowering people to take their health into their own hands. This is something we want to do for all our clients.”

Ends



Caption to photograph: Left to Right - Dr. M.S.T. Ghazaly - Networks Manager, Neuron; Mr. Vishal Bhargava, Finance Director, Neuron; Robin Windley, Senior Vice President, Human Capital, DP World; Mahmood Hassan - Medical Administrator, Human Resources DP World UAE Region; Dr. Sameer Mankani, Manager- Managed Care Department, Neuron; Mary Madden, Business Partner, Human Capital, DP World

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